

## EGD PREP

If you take **Wegovy, Mounjaro, Trulicity, Ozempic, or Saxenda injections or pill form, STOP** taking these **7 days** prior to your procedure. If you take **IRON, STOP** taking it **7 days** prior to your procedure.

If you take any of the **GLP-1 medications** listed above, **you will need to be on a clear liquid diet the entire day prior to your procedure.**

Apple or White Grape Juice (without pulp)  
Tea (no cream or nondairy creamer)  
Coffee (no cream or nondairy creamer)  
Crystal Light Drink (no red)  
Gelatin Desserts (without fruit or topping)  
Hard Candy

Water, Flavored Waters (no red)  
Soda (no red)  
G2 Gatorade/Powerade (no red)  
Popsicles (no red)  
Kool-Aid (no red)  
Beef or Chicken Broth

**5 days prior to your EGD (once cleared by your cardiologist or medical doctor):**

- Stop taking Coumadin/ Warfarin, Plavix/ Clopidogrel, Brilinta/ Ticagrelor, and Effient/ Prasugrel.

**3 days prior to your EGD:**

- Stop taking Jardiance, Synjardy

**2 days prior to your EGD (once cleared by your cardiologist or medical doctor):**

- Stop taking Eliquis/Apixaban, Xarelto/Rivaroxaban, Pradaxa/Dabigatran.

If you take insulin, take **half** of your regular dose the evening before your procedure.

**Do not eat or drink anything after midnight or the morning of your procedure.**

**MORNING OF PROCEDURE:**

**Absolutely NO TOBACCO PRODUCTS (smoking, oral, and/or vapor).**

If you use **insulin or take diabetic medications**, hold them the morning of your procedure.

Please bring a list of all of your current medications to your procedure facility (include both, prescription and over the counter medications).

If you have dentures, do not glue them in and be prepared to remove them prior to the start of your procedure. Please leave ALL personal belongings (jewelry, cell phones, wallets, etc) at home or with your driver. Cell phones are not permitted in the procedure area.

If your procedure is at the **Endoscopy Center**, please take your blood pressure, seizure, and anxiety medications like normal. Also continue your inhalers as usual.

If your procedure is scheduled at any of the **Tanner Facilities**, the hospital will instruct you on which medications to take and which medications to hold before your procedure during your pre-op phone call.

### **TRANSPORTATION:**

A responsible person **MUST BE PRESENT** with you at check-in before your EGD and **MUST REMAIN** in the endoscopy area until you are discharged. You are not allowed to drive, take a taxi, or leave the procedure center alone. If you do not have a responsible driver with you, your procedure will be rescheduled. Please expect for you and your driver to be at the center for 2 to 4 hours.

**Please make sure that your ride is available for the ENTIRE day as you may be asked to come in early on the day of your procedure.**

**\*\*\*If you do not follow these directions, your EGD will be canceled. \*\*\***

**Please call our office at (770) 214- 2800 if you have any questions or concerns.**

If calling after hours, please call (770) 836-9666.

Revised 03/09/2026