



Hemorrhoid Banding Procedure

The hemorrhoid banding session includes the placement of a small rubber band around the base of 1 hemorrhoid. There are usually 3 banding sessions required at 2-3 week intervals. A final check-up may be scheduled 4-6 weeks after the 3rd banding session.

Your hemorrhoid banding will be done at:

West Georgia Endoscopy Center
160 Clinic Avenue
Carrollton, GA 30117

Your hemorrhoid banding is scheduled for the following times:

#1) _____ at _____ AM/PM

#2) _____ at _____ AM/PM

#3) _____ at _____ AM/PM

Hemorrhoid Banding Preparation:

There are no dietary restrictions or bowel preparations required before your procedure. Please follow below instructions regarding your medications.

5 days prior to your hemorrhoid banding (once cleared by your cardiologist or medical doctor):

Stop taking Coumadin/ Warfarin, Plavix/ Clopidogrel, Brilinta/ Ticagrelor, and Effient/ Prasugrel.

2 days prior to your hemorrhoid banding (once cleared by your cardiologist or medical doctor):

Stop taking Eliquis/Apixaban, Xarelto/Rivaroxaban, Pradaxa/Dabigatran.

Hemorrhoid Banding Follow-Up Care

1. This procedure is relatively painless since the banding of the area involved does not have nerve endings and therefore has no pain sensation. The rubber band cuts off the blood supply to the hemorrhoid, and the band may fall off as soon as 48 hours after banding (the band may be seen in the toilet bowl following a bowel movement). You may notice a feeling of fullness in the lower bowel passage which should respond adequately to Tylenol or Motrin.
2. Following the banding, rest at home for the remainder of the day. You can resume full activity the next day. A sitz bath (soaking in a warm tub) or bidet is useful for cleansing the area after every bowel movement until the area heals. This is especially helpful if you have had a minor surgical procedure (such as removing an anal tag) in addition to the banding procedure.
3. To avoid constipation, take two tablespoons of natural wheat bran, natural oat bran, flax, Benefiber, MetaMucil, or any over the counter fiber supplement with 7-8 glasses of water.
4. Do not stay seated for more than 2-3 hours. Tighten your buttock muscles 10-15 times every two hours, and take 10-15 deep breaths every 1-2 hours.
5. Do not spend more than a few minutes on the toilet bearing down if you are constipated. Instead, re-visit the toilet at a later time and take MiraLAX in addition to your fiber supplements if needed.
6. Unless you have been prescribed anorectal medication, do not put anything inside your rectum for two weeks. This includes suppositories, enemas, fingers, or other devices.
7. You may have more bleeding than usual after the banding procedure. This is often from untreated hemorrhoids, rather than the treated one. Do not be concerned if there is a tablespoon or so of blood when you go to the restroom. If there is more blood than this, lie flat with your bottom higher than your head, and apply an ice pack to the area. If the bleeding does not stop within 30 minutes or if you feel faint, call our office at (770) 214-2800 or go to the emergency room.
8. Problems with this procedure are not common; however, if there is a substantial amount of bleeding, severe pain, chills, fever, difficulty passing urine, or other problems, please call our office or report to the emergency room.