

Preparation Sheet for EGD with 48 hour Bravo pH Test

PLEASE STOP ASPIRIN 1 DAY BEFORE THE TEST _____.

PLEASE STOP COUMADIN AND PLAVIX 5 DAYS BEFORE THE TEST _____.

IF YOU TAKE INSULIN, TAKE HALF OF YOUR REGULAR DOSE THE EVENING BEFORE THE TEST.

IF YOU TAKE DIABETIC MEDICATION BY MOUTH, PLEASE DO NOT TAKE THIS MEDICATION THE MORNING OF THE TEST.

Your EGD will be done at _____. You will need to arrive at _____ am/pm.

Your EGD is scheduled for _____ at _____ am/pm.

You will need someone to drive you home after the test. You may not work or drive for the remainder of the day after your procedure.

- 1.) You must stop your proton pump inhibitors (Prilosec, nexium, protonix, etc) **7 days** prior to your procedure.
- 2.) You must stop H2 blockers (Zantac, tagament, Pepcid) **4 days** prior to your procedure.
- 3.) You must stop all other anti-acids **24 hours** prior to your procedure.
Do not start any of these medications until you have returned your Bravo sensor.
- 4.) You must not have anything by mouth after midnight on _____.
(This includes gum, hard candy, and/or tobacco products.)
- 5.) Please take your regular medications the morning of the test with a sip of water with the following exceptions:

If you have any questions, please call the office at 770-214-2800.